

Edmonds Community College Student Guidelines on Violence and Threats

Behavior	Recommended Action
For an angry or upset person:	<ul style="list-style-type: none"> • Project calmness; move and speak slowly, quietly and confidently. • Be an empathetic listener: encourage the person to talk and listen patiently. • Do not challenge or interrupt the person while they are talking. • Use “I” language, such as: <ul style="list-style-type: none"> ○ “I see.”, “How can I help.”, “I want to understand”. • Avoid the use of threatening or derogatory words, such as: <ul style="list-style-type: none"> ○ “You are wrong” “You shouldn’t feel that way” • Never belittle the person or make him/her feel foolish. • Avoid making false statements or promises you cannot keep. • Acknowledge the person’s feelings. Indicate that you can see he or she is upset. • Arrange yourself so that an exit is accessible. • Avoid any physical contact, finger-pointing or long periods of fixed eye contact. Do not touch the person. • Position a barrier between you and the person. If no barrier is present, just slowly back away to add distance. • Try not to position yourself between the person and their exit route. • Avoid invading the individual’s personal space. Make sure there is a space of 3’ to 6’ between you and the person.
If you feel threatened:	<ul style="list-style-type: none"> • Notify EdCC Safety and Security, by calling 425-754-1501 <ul style="list-style-type: none"> ○ Use password to signal someone else to call. ○ Excuse yourself and call.
For someone threatening you with a gun, knife or other weapon:	<ul style="list-style-type: none"> • The primary objective is to escape to a safe location and call the police as soon as possible. • If you cannot escape, seek cover. • Try to warn others without endangering your own life. • Don’t try to be a hero. • Follow the instructions of the person threatening you. • Notify Lynnwood Police, by calling 9-1-1.
Restraining Orders	
Any student obtaining a restraining order is expected to:	<ul style="list-style-type: none"> • Notify Campus Security, by calling 1501. • Supply University Police with a copy of the order. • Include a description and photograph, if available, of the person against whom the restraining order is filed. • Notify supervisor.
Unexpected arrival of an individual against whom there is an active protective or restraining order:	<ul style="list-style-type: none"> • Notify Campus Security, by calling 1501 or 425-754-1501.