

Raider Cheer Tryouts Starting October 9th

October 9 th 2009	Application, Transcripts, and Picture (head shot) due by 12:00pm in room H107 (please staple and slide all three parts of the application under Coach Bliss's office door otherwise Coach Bliss is scheduled to be in her office at noon on the 9 th if you would like to hand in your application personally).
October 12 th 2009	4:00pm-5:30pm dance instruction
October 13 th 2009	4:00pm-5:30pm stunting/cheer instruction
October 14 th 2009	4:00pm-5:30pm Tryouts
October 15 th 2009	Notification of placement on the team by 5:30pm (via email). ** Those who do not make the team will also be notified via email
October 16 th 2009	4:00pm-5:30pm Uniform fitting!
October 26 th 2009	Team Pictures @4:00pm!

A **private tryout may also be arranged for individuals who cannot make it to tryouts during the week of October 12th. Please email Coach Bliss to schedule a date and time.

Additional Requirements:

- **Completed application due on October 9th 2009**
- **Transcripts from last academic institution are required no later than October 9th 2009**
- **Head shot required (picture) no later than October 9th 2009**
- **A dance will be taught by Coach Bliss. Knowing and executing the dance by Wednesday October 14th is required.**
- **Toe touch and Hurdler**
- **Three cheers will be taught. Knowing and executing them all by Wednesday October 14th is required.**
- **Extremely sharp movements showing off strength is required.**
- **Stunting experience will be noted (extra points given).**
- **Splits (extra points given).**
- **Loads of confidence and a great attitude is absolutely encouraged and expected.**

Practices will be held on Monday Wednesday and if necessary Fridays from 4-6:00pm. In addition, all cheerleaders are expected to follow a specific resistance training program two days a week on his/her own time.

Cost: Uniform Free!

\$80.00	Cheerleading shoes and briefs
\$150.00	Warm-up jacket and pants
\$60.00	Half time performance dance wear
\$60.00	Black dance sneakers
\$40.00	Practice t shirts and shorts
\$30.00	Athletic Pierce College Cheer Bag (optional)
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\$420.00	Total

****Items such as: dance sneakers, Pierce cheer shoes, and briefs from last year will not need to be purchased again if they are in good condition. If you choose to participate in fund raising events this summer it will dramatically reduce the cost of your package.**