

NAC (Nursing Assistant Certified) TRAINING

Curriculum Sheet

HSCI 111 (6.5) Nursing Assistant Training

Fee: \$12.00 Student Malpractice Insurance

This requires 35 hrs. lecture, 30 hrs. lab, and 45 hrs. of onsite clinical experience which requires the ability to pass a Department of Social and Health Services Background check.

Prereq: Reading placement test (Compass) with a minimum score of Reading 75

This comprehensive training course provides basic awareness of the role of the nursing assistant in nursing care and development of the skills necessary to provide that care.

Nursing Assistants are qualified to work under the direction of Registered Nurses and Licensed Practical Nurses, assist in the care of patients and residents in hospitals, clinics, skilled nursing facilities (long term care and rehab), and assisted living facilities. This includes but is not limited to maintaining a safe environment for the client, providing assistance with activities of daily living as needed, restorative care, communicating with clients, and basic concepts of care.

Student will achieve **COMPETENCIES** in the following areas:

Basic Technical Skills

Mental Health and Social Service Needs

Clients' Rights and Promotion of Clients' Independence

Communication and Interpersonal Skills

Safety/Emergency Procedures

Rules and Regulations Knowledge

AIDS Prevention—WAC 246-841-610

Personal Care Skills

Basic Restorative Services

CPR

Infection Control

Required for Clinicals:

Proof of your 2-step PPD (Tuberculosis test), available at your own personal physician, Quick Care Clinic (253) 847-5650 \$10.00, and Good Sam Mobile Health (253) 697-8160.

(Instructor must have a copy 24 hrs. prior to the first day of clinicals)

Items Needed for Clinicals:

1-2 Maroon scrub tops (apron type pockets are the most useful)

1-2 White scrub pants

White or mostly white shoes that cover the toes

Pierce College student ID and a nametag holder

Gait belt (transfer belt)

Water resistant WATCH with a second hand

Pocket size pad of paper and a black pen

Pocket size hand sanitizer

The occupation of the NAC requires physical strength and stamina. The student will be expected to lift up to 60 lbs.

Registration and Certification with the Washington DOH. All students may register with the department of health after obtaining HIV/AIDS education and training. Registration Cost is \$30.00.