

**PIERCE COLLEGE**



*possibilities.* realized.

# **COMMUNITY RESOURCE & REFERRAL GUIDE 2011**

**Published & Prepared by  
Pierce College District Student Services**

*(Using the Original Document prepared by Women & Family Services)*

## EMERGENCY CONTACT NUMBERS

Community Resource	Phone Number	E-Mail Address
<b>EMERGENCY</b>	<b>911</b>	
Pierce County First Source		<a href="http://pcfirstsource.org">http://pcfirstsource.org</a>
United Way, Pierce County	211 1-800-572-HELP	<a href="http://uwpc.org">http://uwpc.org</a>
Suicide Prevention	1-800-273-(TALK)8255	
Child-Protective Services	1-800-422-7517	
Statewide Domestic Violence HOTLINE	1-800-562-6025	
Pierce County 24-Hour Crisis Line	1-800-576-7764	
Pierce County Domestic Violence Helpline..... 24-Hour Help:.....	253-798-4166 1-800-764-2420 <b>TDD: 253-798-6050</b>	
YWCA Domestic Violence Crisis Line (24 Hours)	253-383-2593	
YWCA Women's Support Shelter 24-Hour Availability	253-272-4181	
Sexual Assault Center of Pierce County 24-Hour Line.....	253-474-7273 or 1-800-756-7273	
Family Renewal Domestic Violence Shelter/Safe House (DV situations only) 24-Hour Crisis	253-475-9010	
City of Lakewood Domestic Violence Advocate Ann Marie Dvorak or Sara Rogers	253-589-2489	
Tacoma Legal Department Domestic Violence Unit	253-591-5508	
United Way, King County 24-Hour Crisis Line	206-461-3222 1-800-244-5767 TDD: 206-461-3219	
United Way, Kitsap County A.L.I.V.E. 24-DV-Hour Crisis Line	360-479-1980	
Mason County 24- Hour Crisis Clinic..... North Mason County.....	360-586-2800 1-800-627-2211	
Mason County Turning Pointe DV 24-Hour Crisis Line	360-432-1212 or 1-877-923-1212	
Thurston County 24 Hour Crisis Clinic	360-586-0226	
Thurston, Mason, and Lewis Counties 24 Hour Crisis Line Resource Network	360-586-2800	

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## **Child Care:**

- 1. Child Care Resource and Referral Line** (253) 591-2025  
(Includes Special Needs Referrals) Military 9-4pm (253) 591-5061  
<http://www.cityoftacoma.org/childcare> (888) 370-6133  
Special Needs (253) 591-5870
- 2. Evening Child Care Program, Pierce College** (253) 964-6227  
\$4 per child, per evening, children age 3-8; must be enrolled in  
Evening classes at FS campus; Open 5:00-8:30pm, Monday-Thursday
- 3. Head Start/ECEAP Clover Park School District** (253) 583-5155  
<http://www.cloverpark.k12.wa.us/admin/earlychildhood.asp>
- 4. Milgard Child Development Center – Located at Pierce College Fort Steilacoom Campus** (253) 912-3680  
Available to students, staff, and community members. Student sliding-scale fees if enrolled in six credits or more, dependent on family size and monthly income. Open 6:30am – 5:30pm
- 5. Garnero Child Care Development Center – Located at Pierce College Puyallup Campus** (253) 864-3302  
Available to students, staff, and community members. Student sliding-scale fees if enrolled in six credits or more, dependent on family size and monthly income. Open 6:30am – 5:30pm
- 6. Parent 1-2-3**
- 7. United Way: 211**

## **Children Services:**

- 1. Hope Sparks (formerly Child & Family Guidance Ctr.)** (253) 565-4484  
Counseling; parenting classes (4 hr) – court ordered, eating disorder comprehensive plan, relatives raising children; sliding fee scale, major insurance, Molina Medical Coupons or Community Health Plan
- 2. Pierce County Community Services – Child Reach** (253) 798-3698  
Child Reach is a developmental screening project for children birth to three years of age who might not otherwise receive early developmental screening. [http://www.birthtothree.org/resources/pierce\\_county.php](http://www.birthtothree.org/resources/pierce_county.php)
- 3. Child Find** See specific number for specific school district  
Free developmental screening for children ages three to five. Each Pierce County school district has a child find team.
- 4. Catholic Community Services** (253) 383-3697  
Parenting classes – Thursdays 6pm (no childcare or dinner)
- 5. Family Support Centers – contact: Jody Mosley** (253) 798-2842  
Offer home visits, parenting classes, support groups, call for nearest location <http://tpchd.org/page.php?id=32>
- 6. Puyallup, Sumner, & Orting Schools “Children’s Emergency Fund”**  
Contact school counselor within each district, emergency assistance available such as medical, dental, optical, clothing, food, and rent assistance
- 7. Pierce County Crisis Line** (253) 798-4333  
Optum Health Pierce RSN Local number (253) 292-4200  
Provides 24-hour phone support & info for families experiencing difficulty, frustration, and confusion on any issue. [www.optumhealthpiercersn.com](http://www.optumhealthpiercersn.com)
- 8. Tone Transitional Center** (253) 571-1875  
Resource Center for children in temporary living situations who reside in Tacoma School District  
Contact: Tammy Williams
- 9. Boys & Girls Clubs of South Puget Sound** (253) 572-8440  
Family recreation activities <http://bg-clubs.com/index.htm>

## **Clothing:**

### **1. Francis House**

**(253) 848-3618**

Free clothing, all ages, offers furniture, maternity/family needs for people living along Hwy 512 corridor (Puyallup, Fife, Eatonville, Spanaway, Bonney Lake, Enumclaw); must register and provide proof of address.

### **2. Second Closet/Junior League**

**(253) 383-9269**

Low cost/used clothing at retail store; No longer have vouchers

### **3. Suited for Success**

**(253) 471-5340**

Contact: Mary Butschky

Part of Phoenix Housing/Catholic Community Services. Offers a workshop on dressing for success, interviewing skills, and color shaping. The class is 9-noon on Tuesdays and costs \$35 (dependent on need) with a referral. A referral can be made from a Work Source or DSHS case manager. A person must attend the class to then visit the boutique for the free clothing for interviews.

- 
- Students should check with Financial Aid if it involves uniforms.
  - Work Source or DSHS (if eligible) may also be a resource for funding.

## **Domestic Violence:**

### **1. DV Hotlines:**

- **Pierce County DV Hot Line** (253) 798-4166  
1-800-764-2420
- **Washington State DV Hotline** 1-800-562-6025  
<http://www.wscadv.org/help/>
- **National Gay/Lesbian Hotline** 1-888-843-4564  
[www.GLBTnationalhelp.org](http://www.GLBTnationalhelp.org)

### **2. Crystal Judson Family Justice Center**

**1-800-764-2420**

Provides variety of services including advocacy, safety planning, and access to state agencies such as DSHS, Law Enforcement, and Immigration

### **3. Family Renewal Shelter**

**(253) 475-9010**

### **3. Pierce County VINE program**

**1-800-530-7095**

Victim rights and information

### **4. Lakewood DV advocates**

**(253) 589-2489**

Ann Marie Evans or Rebecca Hendricks

<http://www.cityoflakewood.us/departments/pages/domestic-violence-task-force.html>

### **5. City of Puyallup & Sumner DV Advocate - Nancy Shattuck**

**(253) 435-3654**

### **6. YWCA DV Crisis Line/Shelter**

**(253) 383-2593**

Provides next step/safety plan info, shelter, legal advocacy, peer support. Also facilitates DV “Insights” support groups at various locations in Lakewood, Tacoma, Puyallup, and Kent. Contact (253) 272-4181 for more information

<http://www.ywcapiercecounty.org>

### **7. Puyallup Tribe DV Unit**

**(253) 377-9628**

Carol Ann Thornton – Legal Victim Advocate

### **8. ADT**

**(866) 744-3432**

Provides free security systems for women with protection orders under the AWARE program in the cities of Olympia, Seattle, and Spokane.

[http://adt.com/wps/portal/adt/about\\_adt/adt/in/our/communities/aware](http://adt.com/wps/portal/adt/about_adt/adt/in/our/communities/aware)

### **9. Lutheran Community Services**

**(253) 272-8433**

Senior Services, in-home care

### **10. Safeplace (Thurston County shelter, groups, crisis)**

**(360) 754-6300**

\*\*If student feels in imminent danger, notify Campus Safety promptly to see the appropriateness and capacity for involvement. Have student call the YWCA Crisis line to help assess the situation.

**The First Step**

**Pierce County Domestic Violence Helpline  
National Domestic Violence Hotline  
Deborah Bransford, @ FS, Mental Health Counselor  
Liz Scott, @PY, Mental Health Counselor**

**253-798-4166 or 800-764-2420  
800-799-SAFE (7233)  
253-964-6525  
253-840-8443**

**Support Groups and Resources**

- Associate Ministries 253-383-3056 (ext. 308)
- City of Tacoma (Tacoma Domestic Violence Adult) 253-591-5164
- Clear (legal) 888-201-1014
- DSHS 877-501-2233
- Gay/Lesbian/Bisexual/Transgender Support Group 253-445-8120
- Good Samaritan Behavioral Healthcare 253-445-8125
- Goodwill Industries 253-272-5166
- Indo-Chinese Cultural and Service Center 253-473-5666
- Lakewood Support Group 253-284-9060
- Men Working Against Abuse 206-461-7824
- Puyallup Tribe Community Domestic Violence Advocate .....253-405-3653
- Washington Women’s Employment and Education 253-474-9933
- YWCA Legal 253-272-4181

**Shelters**

- DV Transitional Housing (The Renaissance House) 253-572-9453
- Exodus Housing 253-862-6808
- Family Renewal Shelter 253-475-9010
- God’s Ranch 253-536-2584
- Korean Women’s Shelter (Association) 253-359-0470
- MLK Family Shelter (‘G’ Street Shelter) 253-627-6466
- Our Sister’s House 253-383-4275
- Phoebe House 253-383-4115
- Rescue Mission Emergency Family Shelter 253-272-1974
- YWCA Shelter 253-383-2593

**HUD Domestic Violence Guidance Memo:**

**[http://www.fairhousing.com/include/media/pdf/Domestic\\_Violence\\_Guidance.pdf](http://www.fairhousing.com/include/media/pdf/Domestic_Violence_Guidance.pdf)**

## **Food:**

- 1. Emergency Food Network** (253) 584-1040  
Information and Referral Service for Individuals/families  
<http://www.efoodnet.org/>
  
- 2. FISH Food Banks** (253) 383-3164  
**Contact person:** Beth Elliott, Executive Director  
Providing food for Pierce County residents in need on a nondiscriminatory basis. Each food bank offers a three-day supply of nutritionally balanced food. No one needing food is turned away. Several locations throughout Pierce County, call for nearest one.  
<http://www.fishfoodbanks.org>
  
- 3. All Saints Community Services** (253) 848-2000  
Must live within zip codes 98371-98375, delivers food, fills Rx, rent and utilities assistance, bus tickets. Open M-Th 10 am-noon, 1-3pm.  
[www.allsaintparish.com](http://www.allsaintparish.com)
  
- 4. Love, Inc.** (253) 531-2365  
Provides referrals to network of volunteers to help with food, rent, utilities, car repair, home repair. Available M-W 9am-4pm
  
- 5. STOWW (Small Tribes of Western Washington)** (253) 589-7101  
Food bank for tribes in WA State
  
- 6. Tacoma Seventh Day Adventists Community** (253) 272-8289  
Assists with food for medical needs such as cancer, diabetes, AIDS, heart disease, etc. Open M-Th 10am-2pm.
  
- 7. Prince of Peace Lutheran Church Food Bank** (253) 584-2565  
10333 Bridgeport Way SW, Lakewood – serving Lakewood residents only, Tu-F from 9am-4pm. Commodities 1<sup>st</sup> Tuesday of month, noon-3pm.

## **Household/Furniture:**

- 1. St. Vincent de Paul** (253) 474-0519  
Church ministered clothing bank. Some prescription, rent, & utility assistance. Open M-Sat, 9am-5pm and Sun, 10:00am-4:30pm. Will refer to church working in home zip code.
  
- 2. Lakewood Area Shelter Association** (253) 581-8689  
**Outreach Program: M-F, 10am-noon** (253) 582-5320  
Referral to shelters for families with children. Bus tickets, and new written prescription (no refills, no narcotics) assistance offered for Lakewood residents only. Outreach program available for Lakewood or Steilacoom residents. Outreach provides emergency relief for utility and rental assistance (2<sup>nd</sup> Tuesday of month at 12:30 pm) based on funds available.
  
- 3. Francis House** (253) 848-3618  
Serves most Pierce County residents (Puyallup, Fife, Bonny Lake, Spanaway, Parkland, Graham, Eatonville, Shalishan). Clothing, bedding, kitchen utensils, and appliance items provided when available. Offers ESL classes.
  
- 4. Pregnancy Aid of Tacoma** (253) 383-4100  
Baby furniture, clothing/food bank- Also, Some money may be available for rent, utilities, gas for emergency appointments. Open M-F 10am-1:30pm.

## **Housing:**

- 1. Pierce County Housing Authority** (253) 620-5400  
[www.pchawa.org](http://www.pchawa.org)
- 2. Associated Ministries Housing Assistance** (253) 682-3401  
[www.associatedministries.org](http://www.associatedministries.org) click on “programs,” “housing and shelter info, this brings you to an updated vacancy report by the Tacoma/Pierce County Coalition for the homeless.
- 3. Shared Housing Services** (253) 272-1532  
Matches individuals and families who are in need of housing with those who have housing but are unable to live on their own (financial or health reasons)  
<http://www.sharedhousing-tacoma.org/homepage.html>
- 4. Phoenix Housing Network (transitional & shelter)** (253) 471-5340  
All services are for families with children only, although they do not provide emergency services. A Catholic Community Service program (intakes must be completed). Five families served at a time. Interviews on Mondays only.
- 5. Helping Hand House (transitional & shelter)** (253) 848-6096  
For transitional (up to 2 years) and homeless (up to 3 mos.) families only, must complete application and follow strict guidelines.  
<http://www.helpinghandhouse.org>
- 6. MLK Housing Development Association** (253) 627-7171  
[www.mkhda.org](http://www.mkhda.org)
- 7. Pierce County Housing Programs** (253) 798-7038  
Provides housing/counseling services, landlord/tenant info, and housing resources. Free, confidential service to low-income Pierce County residents; M-F 7:30am-4:30pm. This is NOT Pierce County Housing Authority  
[http://www.co.piercecounty.wa.org/pc/abtus/ourorg/comsvcs/housing/html/cs\\_home5.htm](http://www.co.piercecounty.wa.org/pc/abtus/ourorg/comsvcs/housing/html/cs_home5.htm)
- 8. NW Housing Development** (253) 441-2170  
Low-income home ownership (888) U BUILD 1
- 9. Tacoma Rescue Mission** (253) 383-4493  
[www.rescue-mission.org](http://www.rescue-mission.org)  
702 Pacific Avenue, Tacoma, WA 98402  
Tyler Family Campuses—for families  
Adams Campus—for singles or families

## **Maternity/Baby:**

- 1. Phoenix Housing** (253) 471-5340  
Family Shelter ONLY! Assistance with transitional housing, rental assistance on the 1<sup>st</sup> Wednesday after the 5<sup>th</sup> of the month. Offers Suited for Success – Business attire.
- 2. Our Lady of Guatelupe Maternity Center** (253) 572-6582  
Provides maternity/baby clothes, diapers, food; open M-F 10am-noon,
- 3. Care Net Pregnancy Center**  
**Tacoma** (253) 383-2988  
**Lakewood** (253) 984-6222  
**Puyallup** (253) 770-8697  
Free pregnancy test, ultrasounds at 10-12 weeks, STD Clinic (2x/month), counseling and referral including post abortion trauma support groups, can give referrals about adoption, housing, and spiritual needs. Has clothes, diapers, layettes, bottles, & food available; parenting support & education through preschool age.
- 4. Pregnancy Aid of Tacoma** (253) 383-4100  
Offers clothing, food, small amounts of money for rent (if there are children who are under the age of 5 in the home), assistance with utilities, and baby furniture, food and formula as available. Hours: M-F 10 am-1:30 pm
- 5. MLK Housing** (253) 682-1300  
Affordable housing for moderate income households.
- 6. Catholic Community Shelter** (253) 572-0131
- 7. La Leche League of Pierce County** Ann (253) 212-6159  
Assists with breastfeeding issues U.S. Helpline (877) 452-5324  
<http://www.llusa.org/web/southkingpiercewa.html>
- 8. WIC referral line** (800) 322-2588  
Info line for eligibility determination; nutritional education for new mothers.
- 9. Catholic Community Services Maternity Division - Lisa** (253) 502-2652  
Pregnancy support for women, no age requirement; adoption counseling.
- 10. Safeplace for Newborns** (877) 440-2229  
Safe alternative to abandonment of babies. [www.safeplacefornewborns.com](http://www.safeplacefornewborns.com)
- 11. Planned Parenthood** (253) 582-4144 (Lkwd); (253) 445-7440 (Puy)  
(253) 582-4144 (UP); (253) 779-3900 (Tac)
- 12. Maternity Support Services** Lea Johnson (253) 798-3595
- 13. Nurse Family Partnership** (253) 798-6403

## **Medical Insurance:**

- 1. Statewide Health Insurance Benefits Advisors (800) 562-6900**  
(SHIBA) provides free health insurance education, assistance, advocacy for Washington residents. Can help locate prescription and health insurance programs that one may be eligible for.  
[www.insurance.wa.gov](http://www.insurance.wa.gov)
  
- 2. Washington Basic Health Plan (800) 660-9840**  
Accepting new applications as of 1/8/07. Call to apply, income-based program.  
More info at [www.basichealth.hca.wa.gov](http://www.basichealth.hca.wa.gov)
  
- 4. Washington's online benefits portal: <http://www.washingtonconnection.org>**
  
- 4. Summit America Insurance Services 1-877-955-1991**  
Available to students of Washington State Community College  
[www.summitamerica-ins.com](http://www.summitamerica-ins.com)
  
- 5. Community Health Care Clinics Lakewood (253) 589-7030**  
Various clinics throughout Pierce County; accept patients with or without health insurance.  
[www.commhealth.org](http://www.commhealth.org)
  
- 6. Pierce College Dental Hygiene Program (253) 964-6694**  
Offers free dental exams and low cost cleanings, x-rays, fillings and sealants.  
<http://www.pierce.ctc.edu/community/dental.php3>
  
- 7. Within Reach 1-877-923-6779**  
*Essential Resources for Family Health.* Will help pregnant women find medical care and get information on other free services. Formerly *Healthy Mothers, Healthy Babies Program*  
[www.hmhbwa.org](http://www.hmhbwa.org)
  
- 8. Prescription Assistance 1-877-923-6779**  
Cannot be on Medicaid, have prescription insurance or earn more than \$16,000/year (single person) or \$24,000/year (couple).  
[www.rxhelpforwa.org](http://www.rxhelpforwa.org), [www.benefitscheckup.org](http://www.benefitscheckup.org)
  
- 9. Help with cost of medicine: <http://www.needymeds.org/index.htm>**

**\*\*ALSO SEE: Medical Clinic section under Health Counseling\*\***

## **Military:**

### **1. Military One Source**

[www.militaryonesource.com](http://www.militaryonesource.com)

**User:** military **Password:** onesource (Resources for ALL branches armed services)

### **2. McChord Air Force Base**

Information (253) 982-1110  
Family Support Center (253) 982-2695  
*Assists with financial support, deployment classes, Life Skills classes, marriage dissolution seminars*  
Family Advocacy Clinic (253) 982-3684  
Vicki Longhoffer (nurse who will make home visits)  
Dr. Steen (clinic physician who handles DV cases)  
DV issues: Dr. Steen sees client, commander is notified, and sometimes a family advocacy worker is assigned for follow up  
Marriage counseling available, other counseling issues referred to Tricare (individuals can call Tricare themselves and be directed to community resources)  
McChord Legal office (253) 982-5512

### **3. Fort Lewis**

Army Community Service (ACS) (253) 967-7166  
Financial Information (financial readiness) (253) 967-3525/9917  
Army Emergency Relief (AER) (253) 967-9852/9926  
Employment Assistance (253) 967-3538  
Relocation Assistance (253) 967-3628/3633  
Family Resource Center (253) 967-9496  
Family Services (253) 967-9704  
Deployment Issues (253) 967-9916  
Exceptional Family Member Program (EFMP) (253) 967-3451  
Family Advocacy Program (253) 967-5940/5901  
Domestic Violence & Sexual Spouse Abuse Assault (24 hr) (253) 966-SAFE  
New Parent Support Program (253) 967-7409  
Army Family Team Building (AFTB) (253) 967-2382  
Volunteer Coordinator (253) 967-2324  
Child and Youth Services (253) 967-2494  
SWISS (Social Work Intervention Service) (253) 968-4159  
Confidential counseling services for individuals, couples, and families; ALL military and retirees, no command involvement  
Tri-Care Appt Center (800) 404-4506  
Legal Assistance Office (253) 967-0587/0580  
ID Cards & DEERS (253) 967-5065

### **4. Washington National Guard**

Assistance for National Guard families

Contact the Family Asst Coordinator (Stephanie) (253) 512-7923

## **Rent:**

- 1. United Way Pierce County** **211**  
Provides referrals to various community resources for housing availability, child & youth development, and access to healthcare.  
[www.uwpc.org](http://www.uwpc.org)
  
- 2. Pierce County Housing Authority** **(253) 620-5400**  
Rental assistance information **(253) 620-5423**  
Waiting list for section 8 eligibility, must complete application
  
- 3. Pierce County Community Services** **(253) 798-7240**  
Provides help with rent, utilities  
[www.co.pierce.wa.us](http://www.co.pierce.wa.us) (go to county directory and then scroll to community services)
  
- 4. Lakewood Area Shelter Association (LASA)** **(253) 581-8689**  
Provides emergency help once per year,  
Hours: M-F 10-noon
  
- 5. All Saints Community Services** **(253) 848-2000**  
Assistance to residents within zip codes 98371-98375  
Will pay rent with proof of eviction notice (also provides: food deliveries to eligible, prescriptions filled, electric bills, and bus tickets; Hours: M-Th 10-noon and 1-3, closed Fridays)

## **Shelters:**

- 1. Metropolitan Development Council Programs (253) 627-5445**  
Free services and clinics for homeless people: **Medical Clinic** open on M, T, Th; **Mental Health Clinic** open on M, TH only; **Wound Care Clinic** open M, T, Th; **Laundry & Shower facility** open M – Th.
- 2. MLK Housing Development Association (253) 627-7171**  
Community-based organization that provides affordable housing, emergency shelter, supportive services and promotes self-sufficiency, home ownership, neighborhood revitalization and economic development. Overnight shelters including family and men or women only.  
[www.mlkhda.org](http://www.mlkhda.org)
- 3. Helping Hand House (253) 848-6096**  
Family shelter (at least one child) can stay up to 90 days, also have transitional housing program for families, can stay up to 2 years
- 4. Tacoma/Pierce County Coalition for the Homeless**  
[www.associatedministries.org](http://www.associatedministries.org), click on programs, click on housing and shelter services, click on shelter vacancy rates.
- 5. Lakewood Area Shelter Association (LASA) (253) 581-8689**  
[www.lakewoodareashelter.com](http://www.lakewoodareashelter.com)
- 6. Tacoma Avenue Shelter (253) 572-0131 (phone answered  
1142 Court E Street between 5:30 p.m. & 7:00 a.m. only)**  
Need to be there for the first time at 4:00 p.m.. Once they have been screened and allowed to stay, they can negotiate scheduled hours around their work or school schedule. Run by Catholic Community Services.

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## **Domestic Violence Shelters: (see also Domestic Violence page)**

- 1. YWCA Women’s Support Shelter 24 hours (253) 383-2593**  
Provides shelter for up to 12 weeks (90 days), interpreters available
- 3. Family Renewal Shelter (253) 475-9010**  
Provides confidential lodging, 24-hour crisis help
- 4. Puyallup Tribe of Indians Shelter (253) 370-9136**  
Provides shelter to any Native American or spouse or parent of a Native American (does not need to be Puyallup Tribal member)
- 4. WA State Domestic Violence Hotline (800) 562-6025**  
24/7 hotline which provides info & referral to DV shelters in Washington

## **Teens:**

- 1. Gateways for Youth and Families** (253) 383-4361  
Foster care, parenting classes, supervised family visits
- 2. Pierce County Alliance** (253) 502-5427  
Multiple programs to help youth in foster Care including Foster Care Placement, Foster Care to College Mentoring Program, Independent Living Skills (ages 15-18), Independent Youth Housing Program; Responsible Living Skills, Transitional Living Program (assist youth between when leave foster care to age 21)
- 3. Youth Resources, Inc.** (253) 209-5216  
Shelter in Graham 18-21 yr old men and shelter in Parkland for young women. Youths under 18 can not spend the night, but teens as young as 13 can use drop-in services.
- 4. YMCA**  

	<b>Lakewood</b>	<b>(253) 584-9622</b>
	<b>Tacoma</b>	<b>(253) 597-6444</b>
	<b>Puyallup</b>	<b>(253) 841-9622</b>

  
[www.tacomaymca.org](http://www.tacomaymca.org)
- 5. Team Child** (253) 274-9929  
Program of attorneys who provide civil legal services to children age 12-18 who are at risk for engaging in criminal activity, have serious educational problems, or need for legal advocacy. [www.teamchild.org](http://www.teamchild.org)
- 6. Boys/Girls Clubs of Pierce County** (253) 572-8440
- 7. National Runaway Switchboard** (800) 621-4000
- 8. Care Net Pregnancy** 11102 Sunrise Blvd, Puyallup (253) 770-8697  
Free pregnancy test, STD screen for women, free ultrasound and referred to step-by-step parenting class.
- 9. Camp Fire USA's Teen Outreach Program** (253) 597-6234, ext 15  
Ages 12 through 21 email [mgrant@campfireusaorca.org](mailto:mgrant@campfireusaorca.org)
- 10. REACH (Resources for Education and Career Help)** (253) 573-6590  
The REACH Center provides career, education, and personal development services for all young adults, ages 16-24, in the Tacoma/Pierce County area <http://reachtacoma.org>

## **Transportation:**

1. **St. Vincent de Paul** (253) 474-0519  
Will refer student to nearest church in their home area
  
2. **Pierce Transit** **Ride Info** (253) 581-8000  
1-800-562-8109  
Provides shuttles and discount passes for those who qualify.  
[www.piercetransit.org](http://www.piercetransit.org)
  
3. **Love Inc.** **Tacoma:** (253) 531-2366  
M-W 9am-3pm; Th 9am-3pm; Closed Fri; Sat 9am-1pm  
Resource & Referral Services  
Love Inc. provides services for auto/home maintenance and repair
  
4. **Student Support Project** **FS** (253) 964-6418  
**PY** (253) 840-8323  
As the fund allows, bus trip coupons and/or gas card (small amount): once per quarter per enrolled student
  
5. **Tacoma Rescue Mission “Need a Brake” program**  
Money for new tires <http://www.rescue-mission.org/need-a-break-program>

## **Utilities:**

- 1. Pierce County Community Action** (253) 798-3800  
(800) 562-0336  
Appts: (866) 223-1359  
Call for appt. and guidelines, for low- or no-income families (including a family of one) not living in city of Tacoma, weatherization and energy assistance (for renters and homeowners), responds quickly to shut off notices.  
Carol Selland (253) 798-7240, ext. 5551
- 2. Metropolitan Development Council** (253) 572-5557  
Call for appt and guidelines, for low-income families within city limits of Tacoma, weatherization and energy assistance, responds quickly to shut off notices if elderly or children involved.
- 3. St. Vincent de Paul** (253) 474-0519  
Refers inquirers to local churches that may provide help
- 4. Salvation Army** (253) 572-8452  
Puget Sound Energy only
- 5. All Saints Community Services** (253) 848-2000  
Puyallup residents living within 98371-98375 zip codes only
- 6. Lakewood Area Shelter Association** (253) 582-5320  
Call this number for assistance with utility bills.  
Provide emergency help once per year
- 7. Washington Telephone Assistance Program (WTAP)** 1-888-333-9882  
WTAP provides low-income individuals a local, telephone landline for \$8 a month.  
WTAP also pays for some or all of the connection fee.  
[www.cym.org](http://www.cym.org) for free voice mailbox information.
- 8. South Sound**
- 9. Associated Ministries** ([www.associatedministries.org](http://www.associatedministries.org)) (253) 682-3401

## **Financial Aid:**

- 1. Federal Student Aid Info Center:** (800) 433-3243  
[www.fafsa.ed.gov/contact.htm](http://www.fafsa.ed.gov/contact.htm)  
Provides info on applying for financial aid and helpful tips  
Remind students that online applications get faster results
  
- 2. Pierce College Financial Aid**  
Director Martin Daniels (253) 964-6619) provides quarterly workshops on financial aid as part of Student Success Series  
Mary Richards FSC – (253) 964- 6620  
James Finch PUY Campus – (253) 864-3219
  
- 3. Student Loan Information** **www.studentloans.gov**
  
- 4. Federal Trade Commission Consumer’s Response Center** (877) 382-4357  
File a complaint or free information for consumers  
[www.ftc.gov](http://www.ftc.gov)

## **Multicultural Support:**

- 1. Pierce College International Education Program** (253) 964-6739  
Contact: Cindy MacKersie
- 2. Pierce College Multicultural Student Services** (253) 964-6592  
Contact: Jennifer Cooke
- 3. Centro-Latino** (253) 572-7717  
Employment assistance, ESL, family
- 4. Commission on Asian Pacific American Affairs** (360) 725-5667  
[www.capaa.wa.gov](http://www.capaa.wa.gov)
- 5. Rainbow Center** (253) 383-2318  
Resources for GLBTIA of Pierce County (Gay/lesbian community/resource center)  
PC Safe Zone project, Marcus Gronzo  
[www.rainbowcntr.org](http://www.rainbowcntr.org)
- 6. Korean Women's Association** (253) 535-4202  
Offers naturalization services, elder care, community fellowship, DV services
- 7. Tacoma Urban League** (253) 383-2006  
Employment opportunity programs for trouble children  
[www.tacomaurbanleague.org](http://www.tacomaurbanleague.org)
- 8. Puyallup Tribe of Indians** (253) 573-7800
- 9. Indo Chinese Cultural Service Center** (253) 473-5666
- 10. Tacoma Community House** (253) 383-3951  
[www.tacomacommunityhouse.org](http://www.tacomacommunityhouse.org)

**\*\*\*Resources listed above, though specialized, assist ALL people\*\*\***

Note: Multilanguage Counseling Resources are on Counseling webpage [www.pierce.ctc.edu/dist/counseling](http://www.pierce.ctc.edu/dist/counseling)

## **Scholarships:**

1. **Pierce College Foundation Scholarships**  
Awards are available each quarter depending on Foundation funds. See Pierce College website: [www.pierce.ctc.edu](http://www.pierce.ctc.edu)
2. **Talbot's Women's Scholarship Fund**  
[www.scholarshipamerica.org/talbotswomen/instructions.php](http://www.scholarshipamerica.org/talbotswomen/instructions.php)
3. **Tylenol Brand Scholarship Fund**  
[www.sonoma.edu/scholarship](http://www.sonoma.edu/scholarship);  
For students preparing for health related careers, including dental hygiene. 160 grants available
4. **Access to grants and scholarships nationwide**  
[www.fastweb.com](http://www.fastweb.com)
5. **Free Government Money**  
[www.freegovmoney.net](http://www.freegovmoney.net)
6. **Scholarship Scams**  
[www.ftc.gov/scholarshipscams](http://www.ftc.gov/scholarshipscams)
7. **Fort Lewis Family Member Scholarship:**  
**For additional info contact: Family Resource Center: (253) 967-9496**  
Available to family members or active duty or retired personnel assigned to Fort Lewis. Contact: Patty Moore.
8. **Council of College and Military Educators Scholarship**  
Available only for active duty personnel  
<http://www.ccmeonline.org>

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- See scholarship appendix (next page) for other websites and information relating to scholarships and financial aid.
  - Students should also check with their advisors and the financial aid office.

## **Testing Assistance:**

- 1. Pierce College GED waivers** (253) 964-6799  
Contact: Agnes Steward  
Student's instructor facilitates process by completing GED waiver before Agnes Steward can approve for \$50 waiver.
- 2. EOC (Educational Opportunity Center)** (253) 572-5960  
Provides assistance with registration, application, COMPASS, and GED testing. Funding is limited; must submit an application and meet poverty guidelines and live within Pierce County zip code.
- 3. Resources for Education and Career Help (REACH)** (253) 573-6590  
<http://reachtacoma.org>

## Textbooks:

- 1. EOC (Educational Opportunity Center) (253) 572-5960**  
Application must be completed and must meet poverty guidelines.  
Student must live within Tacoma city limits [www.mdc-hope.org](http://www.mdc-hope.org)
- 2. Pierce College Academic Support Center (FS) (253) 964-6737**  
**Hartman Scholarship Fund- MATH Book Loan Program**  
**Math Books (Only)** are available for loan for FS students only  
Contact name: Sabrina Stevenson
- 3. Pierce College Running Start Program**  
**Fort Steilacoom (253) 964-6799**  
**Puyallup: (253) 840-8317**  
This program has some textbooks available to loan on a quarterly basis. Running Start students have first priority.
- 4. Washington Women in Need (888) 440-9946**  
[www.wawomeninneed.org](http://www.wawomeninneed.org) (425) 451-8838  
No emergency assistance available; must apply prior to start of quarter and have exhausted all other financial aid resources.
- 5. Work Source Monica Park (253) 593-7307**  
This service is for low-income students and women with special needs. You must provide proof of unemployment and/or be low-income eligible.  
**Contact: Mic Stump (253) 593-7325**  
*No emergency assistance available – must apply prior to start of quarter.*
- 6. Pierce College**  
Student programs maintain a binder in the bookstore of used textbooks for sale.

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### Textbook Websites

### \*Note

[www.cheapesttextbooks.com](http://www.cheapesttextbooks.com)  
[www.half.com](http://www.half.com)  
[www.bookbyte.com](http://www.bookbyte.com)  
[www.cheap-textbooks.com](http://www.cheap-textbooks.com)  
[www.collegebooksdirect.com](http://www.collegebooksdirect.com)  
[www.halfvalue.com](http://www.halfvalue.com)  
[www.deabz.com](http://www.deabz.com)  
[www.chegg.com](http://www.chegg.com) (rental)  
[www.amazon.com](http://www.amazon.com) (textbooks)

\*Always **ask your instructor** if he/she has a copy of the textbook in the library for students to use.

The **Academic Support Center** in C526 has math textbooks available for student use. Textbooks other than math, available on a *limited* basis.

### **Textbook Rental Sites**

[www.BookRenter.com](http://www.BookRenter.com)  
[www.Chegg.com](http://www.Chegg.com)

## **Volunteer/Internships:**

- 1. Project Interdependence Program (PIP)** (253) 383-3056  
PIP is a volunteer program of Associated Ministries in Pierce County assisting families throughout Pierce County.  
[www.associatedministries.org](http://www.associatedministries.org)
  
- 2. Resource Distribution Council (RDC)** (253) 473-7669  
Non-profit 501 © entity that exists not only to distribute much-needed food, clothing, and support to individuals, but also to other programs in our region. There are volunteer opportunities for truck drivers and vegetable sorters.
  
- 3. United Way** 211  
Maintains list of volunteer opportunities through Pierce County.  
[www.uwpc.org](http://www.uwpc.org)
  
- 4. Catholic Community Services** (253) 471-5340
  
- 5. Peace Community Center** (253) 383-0702  
Uses volunteers for tutoring  
[www.peacetacoma.org](http://www.peacetacoma.org)
  
- 6. Interfase Job Database**  
Interfase is a free service that allows access to regional career and internship opportunities: apply for jobs online, manage multiple resumes, and learn of job fairs. To register go to [www.myinterfase.com/pierce\\_ctc/student](http://www.myinterfase.com/pierce_ctc/student).

## **Employment:**

1. **Pierce College Job Connections** (253) 964-6651  
Welcome Center
2. **EOC (Educational Opportunity Center)** (253) 572-5960  
Must live within Pierce County zip code and meet income guidelines, offers  
personalized educational goal-setting [www.mdc-hope.org](http://www.mdc-hope.org)  
Pierce College Ft. Steilacoom 253/964-6682  
Pierce College Puyallup 253/864-3385
3. **WWEE (WA Women’s Employment & Education)** (253) 474-9933  
[www.wwee.org](http://www.wwee.org)
4. **Tacoma Urban League** (253) 383-2006  
Sponsors employment/training programs, maintains list of current city, state,  
county jobs
5. **YWCA Resource Center** (253) 272-4181  
Serves men/women, provides personal employment counseling, help writing  
resumes, interviewing skills, job bank
6. **Tacoma Goodwill** (253) 272-5166  
[www.tacomagoodwill.org](http://www.tacomagoodwill.org)
7. **Center For Independence** (253) 582-1253  
Students with Disabilities- advocacy in employment, housing, education, and  
transportation
8. **Interfase Job Database**  
Interfase is a free service that allows access to regional career and internship  
opportunities: apply for jobs online, manage multiple resumes, and learn of job fairs.  
To register go to [www.myinterfase.com/pierce\\_ctc/student](http://www.myinterfase.com/pierce_ctc/student).
9. **REACH (Resources for Education and Career Help)** (253) 573-6590  
The REACH Center provides career, education, and personal development  
services for all young adults, ages 16-24, in the Tacoma/Pierce County area  
<http://reachtacoma.org>

## **Nontraditional Training and Employment:**

- 1. Pierce County Labor & Industries** (253) 596-3930  
Apprenticeship Consultant: Michael Thurman  
[www.lni.wa.gov/tradeslicensing/apprenticeship](http://www.lni.wa.gov/tradeslicensing/apprenticeship)
  - 2. MESA at PLU** (253) 535-7190  
Mentoring math, engineering, science achievement
  - 3. Women in Trade Fair**  
Annual trade fair each Spring at Seattle Center, Fisher Plaza
  - 4. TACID** (253) 565-9000 ext 19  
Serving those with disabilities
  - 5. Vadis** (253) 863-5173  
Employment service for those with disabilities
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## **Workforce Development:**

- 1. Pierce College Workforce Education - Susan Cable (253) 964-6265**  
**Workforce Advisor: (253) 964-6682**  
**Job Connections Manager: (253) 964-6651**  
**Workforce Advisor: Denise Green (PUY) (253) 864-3385**  
Special funding opportunities are available based on an applicant's employment status, personal, and financial circumstances. Tuition and book assistance may be available for one quarter based on program eligibility.
  
- 2. Pierce College WorkFirst /Pre Employment FS: (253) 912-3617**  
**Puyallup CSO: (253) 446-3786**  
For Students receiving TANF or who are low-income working parents.  
See Work First Advisor for eligibility details.
  
- 3 PierceWorks! Program (253) 840-8428**  
**Contact: Evelyn Brooks**  
A seven-week career transition program offered by Worker Retraining for Individuals who are or have recently collected unemployment or who are eligible displaced homemakers.
  
- 4. Corrections/Criminal Justice Program (253) 964-6790**  
**Contact: Cindy Bassage**
  
- 5. Medical Services Representative (253) 840-8477**

**Work-Source/Re-Employment/Dislocated Worker:**

**1. WorkSource - Affiliate Office @ Pierce College (253) 964-6651**  
**Contact: Sue**

**Go To Work (Main Number) (253) 593-7300**

**Front Desk: (253) 593-7335**

**Mic Stump: (253) 593-7325**

Resource Room available for anyone's use to help locate work (Registration is required.)

Walk-ins welcome (Orientations every Mon, Wed, & Fri. at 9am, arrive at 8:45am)

**Located: 1305 Tacoma Ave.**

[www.go2worksource.com](http://www.go2worksource.com)

**Training in Health Field (253) 404-3918**

**Training in Tech Professional (253) 680-2860**

**\*WorkSource may provide tuition assistance, training through in-house workshops, seminars, apprenticeships and Job Fairs**

## **Child Support:**

### **1. Division of Child Support (DCS)**

**(800) 442-5437**

Call for application for child support enforcement services. Services are available even if custodial parent does not receive public assistance.

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For extra help with mediation or legal support, also see the Legal section in this resource book.

## **Credit Counseling:**

- 1. Consumer Counseling Northwest** (253) 588-1858  
Debt management program, money management education
  
- 2. David M. Howe – Chapter 13 Assistance** (253) 572-6600  
Offers assistance to individuals in severe debt by analyzing their situation and working out a plan to pay off creditors. The plan is generally fulfilled within three to five years.
  
- 3. Volunteer Income Tax Assistance (VITA)** (800) 829-1040  
Free tax help to low-to moderate-income (\$38,000 and below) people who cannot prepare their own tax returns. Services are provided by trained volunteers.

## **Chemical Dependency:**

- 1. C.A.R.E. (Chem. Abuse Resource/Ed. Ref Line) (253) 572-2273**  
C.A.R.E. is the best place to start with, as they know of most available resources for specific needs.
- 2. MOMS Program (mothers needing recovery) (253) 798-6655**  
MOMS is for mothers who have children in their care that have Chemical Abuse Recovery needs. MOMS is an out-patient program that provides childcare during groups or appointments. Sliding scale & medical coupons.  
[www.tpchd.org](http://www.tpchd.org)
- 3. Tacoma Detox (sliding fee) (253) 593-2413**  
Detox takes self-referred and other referrals; sliding fee scale; no opiate detox, such as heroin. Detox serves adults & youth 13 years and older.
- 4. Alcoholics Anonymous (12-step recovery) (253) 474-8897**
- 5. Narcotics Anonymous (12-step recovery) (253) 531-8792**
- 6. Pierce County Al-Anon/Ala-Teen (12-step recovery) (800) 726-8094**  
For Family & Friends of Alcoholics
- 7. Community Counseling Institute (treatment) (253) 759-0852**
- 8. Alcohol & Drug Helpline (24 hour) (800) 562-1240**
- 9. Teen Line (staffed by teens) (206) 722-4222**  
For teenagers through age 19



**Grief and Loss (Bereavement):**

<b>Bereaved Families – Life Center Church (Tacoma)</b>	<b>253/756-5300</b>
<b>Good Samaritan Hospice – Bereavement Support (Puyallup)</b> <b>Contact: Deborah</b>	<b>253/301-6639</b> <b>or 253/697-8400</b>
<b>Griefworks (Auburn) – Support Group \$20/session</b>	<b>253/333-9420</b>
<b>Helping Hearts (widows/widowers) (Tacoma)</b>	<b>253/752-3183</b>
<b>Mary Bridge Children’s Health Center – support groups</b> <b>Sudden Infant Death Syndrome</b> <b><a href="http://www.sidsofwa.org">www.sidsofwa.org</a></b> <b>Bridges – A Center for Grieving Children</b>	<b>800/533-0376</b> <b>253/272-8266</b>
<b>TACID (Tacoma) contact Laurie Teeter – grief support groups</b>	<b>253/656-9200 x20</b>
<b>Tacoma-Pierce County Chaplaincy (Tacoma)</b>	<b>253/564-7913</b>
<b>Violent Crime Victims Services (Tacoma) group supports families</b> <b>&amp; friends of violent crime victims.</b>	<b>253/383-5254</b>
<b>Widow and Widowers Consultation (Tacoma) – Membership \$25/yr</b>	<b>253/272-8092</b>

## **Disabilities:**

### **1. Pierce College Access and Disability Services**

Provides a wide range of services to ensure equal access for qualified students with disabilities.

**Contact information: Fort Steilacoom (253) 964-6526; (253) 964-6468 (voice)  
(253) 964-6228 (TTY); email: [dssaccess@pierce.ctc.edu](mailto:dssaccess@pierce.ctc.edu), Puyallup (253) 864-3301**

### **2. State of Washington Division of Vocational Rehab (DVR)**

[\(http://www1.dshs.wa.gov/dvr/\)](http://www1.dshs.wa.gov/dvr/)

**Contact information: (253) 983-6500 (Tacoma)  
(253) 445-7260 (Puyallup)**

### **3. Supported Education**

A program offered at both Pierce College Fort Steilacoom and Puyallup to assist and support consumers of mental health services in the process of continuing their education at any post-secondary school.

**Contact information: Kirsten Walsh, Program Coor. (253) 756-2750  
Deanne Gilmur, Director (253) 756-2767**

### **4. Tacoma Goodwill Industries (<http://tacomagoodwill.org>)**

“Helping people find employment is Tacoma Goodwill's primary mission. People who want to work often need help overcoming a variety of barriers, and that's why Goodwill is here.”

### **5. TACID (<http://www.tacid.org/>) (253) 565-9000**

“Promoting the independence of individuals with disabilities.”

### **6. Center for Independence (253) 582-1253**

[\(http://www.centerforindependence.org/\)](http://www.centerforindependence.org/)

“Serving people with disabilities and senior citizens with senior related disabilities.”

### **7. Washington Assistive Technology Foundation (800) 214-8731**

### **8. Lions Club- <http://www.lionsclubs.org/> (253) 582-7129**

Eye exams and glasses; select a state to find local club(s)

### **9. Rainier Econoline (Puyallup) (253) 848-0377**

Optometrists & and eyeglasses – takes DSHS coupons

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- Pierce College Student Success Workshops (See quarterly agenda for topics of interest)

## Medical Clinics:

1. **Tacoma-Pierce County Health Dept.** (253) 798-6500  
or 1-800-992-2456 Ext. 6500

2. **Public Health Info Line** (253) 798-2987

3. **Community Health Care Clinics** (253) 597-4550  
[www.commhealth.org](http://www.commhealth.org)

4. **Cedar River Clinics** (253) 473-6031  
Free birth control through “Take Charge” Program  
Abortion Services available, annual exams

5. **Lakewood Clinic** (253) 589-7030  
(Free to low cost health care and meds)  
Program contact name: Daniela J. Sorokovska, MD Multi Care  
Medical Group: 253-403-2900

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6. **Care Net Pregnancy Center** Tacoma (253) 383-2988  
Lakewood (253) 984-6222  
Puyallup (253) 770-8697

7. **Planned Parenthood** Lakewood (253) 582-4144  
Tacoma (253) 779-3900  
Puyallup (253) 445-7440

8. **WWIN** 1-888-440-9946  
-Not an emergency program-must prescreen-Health Insurance assistance available only if current insurance is active & must meet poverty guidelines. See file folder “Washington Women in Need” for details or <http://www.wawomeninneed.org>

9. **Basic Health Plan:** 1-800-826-2444  
Download application at: <http://basichealth.hca.wa.gov>

10. **PCAF- Pierce County Aids Foundation** (253) 383-2565  
[www.piercecountyaid.org](http://www.piercecountyaid.org)

11. **Lions Club-** <http://www.lionsclubs.org/> (253) 582-7129  
Eye Exams - Click on English, then click on “Find a Club” and then select a state to find local club(s)

## **Legal:**

- 1. Neighborhood Legal Clinic** (253) 572-5134  
Volunteer attorney services for Pierce County residents  
30 min free legal advice on first 3 Mondays of the month by appt  
[www.piercecountywa.org/pc/services/lawjust/library/neighborhoodlegalclinic.htm](http://www.piercecountywa.org/pc/services/lawjust/library/neighborhoodlegalclinic.htm)
- 2. Pierce County Law Library** (253) 798-7494  
Law information available  
[www.piercecountywa.org/pc/services/lawjust/library/legalinfoservices.htm](http://www.piercecountywa.org/pc/services/lawjust/library/legalinfoservices.htm)
- 3. Tacoma-Pierce County Bar Association** (253) 383-3432  
Lawyer referral service  
[www.co.pierce.wa.us/pc/services/lawjust/library/links4.htm](http://www.co.pierce.wa.us/pc/services/lawjust/library/links4.htm)
- 4. NW Women's Law Center** (206) 621-7691  
Lawyer referral, case law info on various subjects, self-help packets  
[www.nwwlc.org](http://www.nwwlc.org)
- 5. Columbia Legal Services** (206) 464-5911  
www.columbialegal.org/index.php (800) 542-0794
- 6. NW Justice Project's Coordinated Legal Educ Advice & Referral Line**  
[www.nwjustic.org](http://www.nwjustic.org)  
**CLEAR** (888) 201-1014  
Telephone assistance free for eligible, low-income residents outside of King  
**CLEAR\*SR** (888) 387-7111  
Telephone assistance free for 60 and over regardless of county
- 7. My Service Mind Legal Clinic (by Lakewood Pro Bono)** (253) 584-5615  
Free clinic every Thurs, first come- first serve basis. Must complete paperwork before Thurs clinics  
[www.tacomaprobono.org/nlc.html](http://www.tacomaprobono.org/nlc.html)
- 8. Websites**  
[www.aarp.org](http://www.aarp.org) [www.washingtonlawhelp.org](http://www.washingtonlawhelp.org)  
[www.findlaw.com](http://www.findlaw.com) [www.courts.wa.gov](http://www.courts.wa.gov)
- 9. DV Legal help** (*see Domestic Violence resource page*) [www.ywca.org](http://www.ywca.org)  
YWCA Legal Advocacy (253) 272-4181
- 10. Team Child** (253) 274-9929  
Program of attorneys who provide civil legal services to children age 12-18 who are at risk for engaging in criminal activity, have serious educational problems, or need for legal advocacy  
[www.teamchild.org](http://www.teamchild.org)