

I-BEST (Integrated Basic Education Skills Training) NURSING ASSISTANT CERTIFIED

Curriculum sheet

Quarter One:

I-BEST NAC-099 (4) Academic Support (Basic Skills Credit)

Assist in recognizing familiar, unfamiliar, specialized words, acronyms, abbreviations and content knowledge related to allied health. Monitor and enhance comprehension as well as strategies used to organize allied health text information. Gain ability to communicate in writing, using effective grammar, spelling, sentence structure, language usage to produce accurate records and reports. Enhance effectiveness of communication with patients and co-workers. Apply linguistic, socio-cultural, and other background knowledge and strategies to understand fully the literal and implied intent of the speaker and to respond appropriately in the nursing care environment. Gain certification in CPR/First Aid and HIV/Aids.

ESL/ABE 090 Foundations For Success (Basic Skills Credit)

Quarter Two:

NAC 101,105,107 (12) Nursing Assistant Certified

This comprehensive training course provides basic awareness of the role of the nursing assistant in nursing care and development of the skills necessary to provide that care. Nursing Assistants are qualified to work under the direction of Registered Nurses and Licensed Practical Nurses, assist in the care of patients and residents in hospitals, clinics, skilled nursing facilities (long term care and rehab), and assisted living facilities. This includes but is not limited to maintaining a safe environment for the client, providing assistance with activities of daily living as needed, restorative care, communicating with clients, and basic concepts of care.

I-BEST NAC-2 Academic Support (Basic Skills Credit)

(Please refer to above NAC-I for course description)

ESL/ABE 090 Foundations For Success (Basic Skills Credit)

Student will achieve **COMPETENCIES** in the following areas:

- **Basic Technical Skills Personal Care Skills**
- **Mental Health and Social Service Needs Basic Restorative Services Clients' Rights and Promotion of Clients' Independence Infection Control Communication and Interpersonal Skills**
- **Safety/Emergency Procedures Rules and Regulations Knowledge**

Required for Clinicals: Proof of your 2-step PPD (Tuberculosis test), available at your own personal physician, South Hill General Medical Clinic 253-848-1535 \$25.00 for each step, or Multicare Immunization Clinic at So Hill Mall 253-697-1426 \$40.00 for each step. (**Instructor must have a copy of results 24 hrs. prior to the first day of clinicals**)

Items Needed for Clinicals:

- 1-2 Maroon scrub tops (apron type pockets are the most useful) and 1-2 Black scrub pants. (Purchase instructions/details will be given the first week of class.)
- Black shoes that cover the toes and a name-tag holder
- Gait belt (transfer belt)
- Water resistant WATCH with a second hand Pocket size pad of paper and a black pen Pocket size hand sanitizer

The occupation of the NAC requires physical strength and stamina. The student will be expected to lift up to 60 lbs.

Registration and Certification with the Washington DOH. All students may register with the department of health after obtaining HIV/AIDS education and training. Registration Cost is \$48.00. The program begins each quarter at the Pierce College Puyallup campus.