

# NAC (Nursing Assistant Certified) TRAINING

## Curriculum Sheet

NAC 101,105,107 (12credits) Nursing Assistant Training

Lab fee: \$100.00 (malpractice ins.-videos-supplies)

This requires 70 hrs. lecture, 60 hrs. lab, and 60 hrs. of onsite clinical experience which requires the ability to pass a Department of Social and Health Services Background check.

### **Pre-Requisites:**

Reading placement test (Compass) with a minimum score of 79 (or prior College level Eng.)

Textbook/workbook/videos) ( \$150 est. = PC book store)

AIDS Prevention (7 hours) - WAC 246-841-610 (Taught the first week of class)

CPR/First Aid Class (Taught before clinical placement)

This comprehensive training course provides basic awareness of the role of the nursing assistant in nursing care and development of the skills necessary to provide that care.

Nursing Assistants are qualified to work under the direction of Registered Nurses and Licensed Practical Nurses, assist in the care of patients and residents in hospitals, clinics, skilled nursing facilities (long term care and rehab), and assisted living facilities. This includes but is not limited to maintaining a safe environment for the client, providing assistance with activities of daily living as needed, restorative care, communicating with clients, and basic concepts of care.

Student will achieve **COMPETENCIES** in the following areas:

#### **Basic Technical Skills**

**Mental Health and Social Service Needs**

**Clients' Rights and Promotion of Clients' Independence**

**Communication and Interpersonal Skills**

**Safety/Emergency Procedures**

**Rules and Regulations Knowledge**

#### **Personal Care Skills**

**Basic Restorative Services**

**Infection Control**

**Required for Clinicals:** Proof of your 2-step PPD (Tuberculosis test), available at your own personal physician, South Hill General Medical Clinic 253-848-1535 \$25.00 for each step, or Multicare Immunization Clinic at So Hill Mall 253-697-1426 \$40.00 for each step. **(Instructor must have a copy of results 24 hrs. prior to the first day of clinicals)**

#### **Items Needed for Clinicals:**

1-2 Maroon scrub tops (apron type pockets are the most useful) and 1-2 Black scrub pants. (Purchase instructions/details will be given the first week of class.)

Black shoes that cover the toes

Pierce College student ID and a name-tag holder

Gait belt (transfer belt)

Water resistant WATCH with a second hand

Pocket size pad of paper and a black pen

Pocket size hand sanitizer

**The occupation of the CNA requires physical strength and stamina. The student will be expected to lift up to 60 lbs.**

**Registration and Certification with the Washington DOH.** All students may register with the department of health after obtaining HIV/AIDS education and training. Registration Cost is \$48.00.